

**CCHC LESSON PLAN FOR
CHILDREN'S HEALTH PROMOTION**

Presentation Title: Drug Abuse

Submitted by (LPHA name or DHSS): Washington County Health Dept.

Date submitted: 7/10/2018

Learning Objective(s):

- Children will be able to identify the differences between drugs and medicine.
- Children will identify when it is ok to take medicine.
- Children will be able to verbalize why drugs are dangerous.
- Children will demonstrate what to do if they are offered drugs

Presentation Outline (not to exceed 30 minutes):

Discussion of the difference between drugs and medicine

Identification of reasons when it is safe to take medicine

Discussion on the dangers of drugs

Demonstration of what to do if you are offered drugs

Teach children Detective McGruff's song on "Drug Abuse"

Resources used (story books, video, props):

NOTE: VIDEO PORTION MUST NOT EXCEED MORE THAN HALF OF TOTAL TIME OF PRESENTATION

McGruff's Preschool Child Safety script

McGruff Crime Dog Puppet

McGruff's cd of songs

Children's Health Promotions are developed utilizing best practice references such as the "Kansas and Missouri Core Competencies for Early Childhood and Youth Professionals" (Content Area V: Health and Safety), and the National Health and Safety Performance Standards, "Caring for Our Children." Consultants developing new lessons for children's health promotions should use this template and submit to the CCHC Program Manager for approval. Health Promotion Lesson Plans already approved by the CCHC Program Manager are approved for use by any contracting LPHA. Approved lesson plans are reviewed by the CCHC Program Manager at a minimum of every three years, and are therefore considered approved if in circulation until otherwise instructed by the CCHC Program Manager.

